

Universal Declaration of Human Rights Resources

10 Resources



Dignity and justice for all of us

1	ABC - Teaching Human Rights: Practical activities for primary and secondary schools
http://www.ohchr.org/EN/PublicationsResources/Pages/TrainingEducation.aspx	
Description	This is a SUPREME source for UDHR lesson plans and materials. It has around 50 pages of lesson plans based on various HR themes such as “social and cultural wellbeing” and “development and the environment.” Following each activity, the source states which article(s) of the UDHR and the CRC apply to the activity. To access a table of contents, click on Ch.1 of the source. To access lesson plans for high school students, click on Ch.3.
Time	Various
Grade Level(s)	Secondary school (doesn’t specify particular grade level therein)
Articles of UDHR	Has activities for all articles in various combinations (Ex: 1, 3, 5) and by themselves
Other Information	Also available in Spanish and French

2	Amnesty International HRE Lesson Plans
http://www.amnestyusa.org/educate/lesson-plans/page.do?id=1102163&n1=4&n2=79&n3=225	
Description	Amnesty provides a number of lesson plans on HR in general and also lesson plans geared toward specific issues. The lesson plans are detailed, thorough, and creative. Some of them are suggested for middle school, but they may be worth adjusting to apply to high school curriculum.
Time	Varies depending on activity
Grade Level(s)	9 th -12 th grade. There are also lesson plans for elementary and middle school students.
Articles of UDHR	Some activities discuss the declaration in general. Other lesson plans focus on 2, 4, 16, & 18.

3	Compass: A Manual on HRE for Young People	
	http://www.eycb.coe.int/compass/en/contents.html	
Description	This website provides over 50 activities as well as provides background information on the UDHR, HRE, and other international issues. It's a complete package.	
Time	Varies	
Grade Level(s)	Secondary school	
Articles of UDHR	All, generally and individually	

4	Eleanor Roosevelt and the UDHR	
	http://www.erooseveltudhr.org/index.php?option=com_content&task=section&id=4&Itemid=33	
Description	This website explores Eleanor Roosevelt's role in the development of the UDHR and strives to create a community of individuals dedicated to promoting HR in the international community. While the site does not provide specific lesson plans, it can be used to obtain general background on the development of the document and look for current events celebrating the UDHR.	
Time	N/A	
Grade Level(s)	Secondary school	
Articles of UDHR	Discusses all articles generally	

5	Every Human Has Rights	
	http://www.everyhumanhasrights.org/	
Description	This website doesn't provide specific lesson plans but can be used to design advocacy projects. Each month leading up to the 60th Anniversary of the Universal Declaration of Human Rights, one of the campaign partners will highlight a specific area of the rights contained in Universal Declaration; teaching you about its roots, where it stands today, and how you can get more involved.	

Time	Varies.
Grade level(s)	All
Articles of UDHR	All individually and generally

6	First Steps: A Manual for Starting Human Rights Education	
	http://hrea.org/erc/Library/display_doc.php?url=http%3A%2F%2Fwww.hrea.org%2Ferc%2FLibrary%2FFirst_Steps%2Findex_eng.html&external=N	
Description	This manual provides several activities for exploring Human Rights and the UDHR. This manual also includes copies of the UDHR [unabridged and simplified] and various resources for developing HRE committees and workshops for educators. Part 4 discusses activities for secondary schools.	
Time	The activities range in length from 45 minutes to 90 minutes	
Grade Level(s)	Secondary school (doesn't specify particular grade level therein)	
Articles of UDHR	Most activities discuss all articles in the declaration generally. "Active listening" deals with article 19. "Vesna's Story" and the following activities deal with article 2. There are multiple activities based on gender inequality (article 1). "Action Roleplays" discusses 2, 6, 7, 13 19, 20, 23, 24.	

7	Human Rights and Service-Learning: Lesson Plans and Projects	
	http://hrea.org/erc/Library/display_doc.php?url=http%3A%2F%2Fwww.hrea.org%2Fpubs%2FAIUSA-HREA-ServiceLearning.pdf&external=N	
Description	This resource has 3 activities that introduce the UDHR: Human Rights Collage (p.17), Creating a Country (p. 18), and Comparing the Bill of Rights with the UDHR (p.20). It also has lesson plans that deal with particular articles of the UDHR (part 3.0).	
Time	The activities range in length from 45 minutes to 2 class periods.	
Grade Level(s)	Secondary school (doesn't specify particular grade level therein).	
Articles of UDHR	The 3 introductory activities have students look at all (or at least most) articles. Topic 3.1 Environment deals with article 25. Topic 3.2 Poverty deals with 18, 19, 20, & 25. Topic 3.3 Discrimination deals mainly with 2. Topic 3.4 Children's Education and Health deals with 26. Topic 3.5 Law and Justice looks at articles 6-7.	

8	Human Rights in Action!	
http://www.un.org/cyberschoolbus/humanrights/index.asp		
Description	Each article of the Universal Declaration of Human Rights is introduced with a plain language version, an exploration of some key issues, definitions, and suggestions for activities and discussion questions. The activities/discussion questions are not the most creative, but the rest of the website is definitely a good starting point.	
Time	Time is varied depending on which activities used	
Grade Level(s)	Secondary school (doesn't specify particular grade level therein)	
Articles of UDHR	Every article is looked at individually.	
Other Information	Also available in Spanish and French.	

9	Know Your Rights 2008	
http://www.knowyourrights2008.org/		
Description	This resource provides extensive background information on HR and lists celebration events from around the world. It also gives important background on UN structure and how the UDHR functions within this larger framework. This website would be especially useful for younger students as it has a feature that appeals to children through its use of Le Petit Prince.	
Time	Varies.	
Grade Level(s)	All.	
Articles of UDHR	All.	

10	University of Minnesota Human Rights Resource Center	
http://www1.umn.edu/humanrts/edumat/activities.shtm		

Description	The Human Rights Resource Center seeks to electronically distribute HRE resources, train educators, and build advocacy networks. It claims to be principal source of human rights education materials in the U.S. There numerous activities divided by topic as well as other supplemental materials for approaching HRE.
Time	Varies.
Grade Level(s)	Doesn't specify.
Articles of UDHR	All.